



FATIGUE!

A DAILY REALITY FOR TRUCK DRIVERS



We all want to get our parcels delivered in time and expect supermarket shelves to be well stocked. But what do we know about the truck drivers who make all this happen?

Truck drivers move goods around Europe, **sleeping in their trucks, struggling to meet delivery deadlines** while **slaloming their 40-ton lorries through heavy traffic**. In a **9-hour daily driving schedule**, they have **only a 45-minute break**, hardly enough to grab a snack and relax.

All this adds up to fatigue, increasing the risk of accidents and endangering the lives of drivers and other road users.

HOW BIG IS THE PROBLEM?

An ETF survey of over 2,000 truck drivers has revealed shocking results:

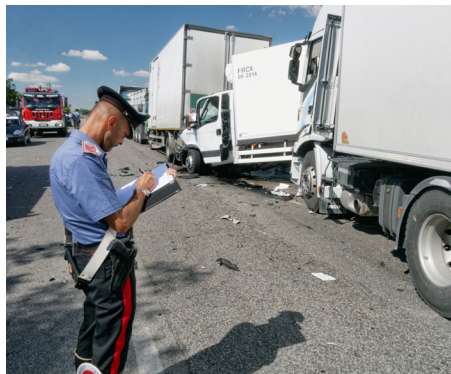




EU road safety actions plans and strategies have so far overlooked the problem of driver fatigue in goods transport.

WHAT CAN YOU DO TO CONTRIBUTE TO TRUCK DRIVERS' WELLBEING?

- Think 'driver' when your parcel is delivered, and when you are shopping in the local supermarket!
- Follow ETF actions aimed to put driver safety, and your safety, at the top of the EU road safety agenda!



CONTACT US

Social media:  @ETF_Europe

 ETF.Europe

Website: https://www.etf-europe.org/our_work/road-transport/

Email: road@etf-europe.org

