

FATIGUE!

A DAILY REALITY FOR BUS AND COACH DRIVERS



We all want to get to our destination fast and safely, but what do we really know about the life and work of our bus or coach driver?

Bus and coach drivers don't clock off. They spend part of their breaks and rest hours **preparing journeys, handling luggage, selling tickets, assisting passengers, cleaning the coach,** and **selling drinks and snacks** to compensate for low pay. On a coach tour, drivers get **only 5 or 6 hours of effective sleep** per day. And coach tours can be as long as **12 consecutive days of driving.**

All this adds up to fatigue, increasing the risk of accidents and endangering the lives of drivers and passengers.

HOW BIG IS THE PROBLEM?

An ETF survey of over 600 bus and coach drivers has revealed shocking results:





EU road safety actions plans and strategies have so far overlooked the problem of driver fatigue in passenger transport.

WHAT CAN YOU DO TO CONTRIBUTE TO YOUR BUS OR COACH DRIVERS' WELLBEING?

- Allow them to take a full, quiet, and relaxing break from driving.
- Think twice before asking them to assist you with something that is not part of their job.
- Treat them with respect.



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